

# October 2017

# BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B: Maple Pancake Wrap <b>2</b> <b>Offer</b> - Peaches, Cranberries L: Brd Chicken Strips, Steamed Rice, & Mixed Fruits <b>Offer</b> Baby Carrots House Salad/Dressing	B: School Made Banana Bread <b>3</b> <b>Offer</b> - Pineapple, Grape Juice L: Sloppy Joe on Bun, Tater Tots, & Cookie <b>Offer</b> House Salad/Dressing Cherry Tomato, Apple	B: Brd Chicken Patty <b>4</b> w/Steamed Rice <b>Offer</b> - Mixed Fruits, Orange Juice L: Pulled Pork Sandwich w/Cole Slaw & Fruit Slushy <b>Offer</b> House Salad/Dressing Baby Carrots	B: Hawaiian Style Sausage <b>5</b> w/Steamed Rice <b>Offer</b> - Apple, Grape Juice L: Chili Frank & Steamed Rice, & Pineapple <b>Offer</b> Pan Roasted Vegetables, Hummus, Baby Carrots	B: Cinnamon Danish <b>6</b> <b>Offer</b> - Pineapple, Orange L: Hot Turkey Sandwich w/Gravy & Whipped Potatoes <b>Offer</b> House Salad/Dressing Baby Carrots, Orange Wedge
**** <b>9</b>	**** <b>10</b>	<b>FALL BREAK</b> <b>11</b>	**** <b>12</b>	**** <b>13</b>
B: Ham & Cheese Quesadilla <b>16</b> <b>Offer</b> - Orange, Apple Juice  L: Chicken Patty on WG Bun, Curly Fries, Ketchup, & Mustard <b>Offer</b> Lettuce Leaf, Slice Tomato Orange	B: Cinnamon Raisin Bagel <b>17</b> & Cream Cheese <b>Offer</b> - Pineapple, Grape Juice L: Pasta Florentine, WG French Bread, & Mixed Fruits <b>Offer</b> House Salad/Dressing, Baby Carrots	B: Greek Yogurt & Cinnamon Toast <b>18</b> <b>Offer</b> - Papaya/Pineapple, Orange Juice L: Popcorn Chicken, Mash & Gravy Bowl, & Fruit Muffin <b>Offer</b> Pan Roasted Vegetables Apple Wedge	B: Smoothie w/ Cinn. Toast <b>19</b> <b>Offer</b> - Mixed Fruit, Cranberries  L: Italian Sausage & Cheese Pizza, & Fruit Juice <b>Offer</b> Baked Beans, Baby Carrot House Salad/Dressing	B: Baked Ham & Biscuit <b>20</b> <b>Offer</b> - Peaches, Apple Juice  L: Kalua Pork w/Cabbage, & Steamed Rice <b>Offer</b> Lomi Tomato, Peaches
B: Pepperoni Pizza Stick <b>23</b> <b>Offer</b> - Orange, Apple Juice  L: Beef Stew, & Steamed Rice <b>Offer</b> Fruit Cocktail, Baby Carrots House Salad/Dressing	B: Teri Hot Dog w/Steamed Rice <b>24</b> <b>Offer</b> - Peaches, Grape Juice  L: Pig in Blanket, Ketchup & Tater Tots <b>Offer</b> Apple Wedge, Cookie, Grape Tomato House Salad/Dressing	B: Sch. Made Cinnamon Roll <b>25</b> Smoothie <b>Offer</b> - Fruit in Smoothie, Cantaloupe L: Creole Macaroni, WG French Roll, & Fruit Slushy <b>Offer</b> House Salad/Dressing Baby Carrots	B: School Made Coffee Cake <b>26</b> Pork Links <b>Offer</b> - Mixed Fruit, Grape Juice L: Brd. Chicken Nuggets, Sauce Steamed Rice, Pineapple, & WG Roll <b>Offer</b> Pan Roasted Vegetables Hummus, Baby Carrots	B: Turkey Ham & Cheese on Bun <b>27</b> <b>Offer</b> - Pineapple, Cranberries L: Baked Chicken Pasta W/Corn, Carrots, & Edamame, Whipped Potato, & WG Roll <b>Offer</b> Orange Wedge, Baby Carrots House Salad/Dressing
B: WG French Toast <b>30</b> <b>Offer</b> - Orange, Apple Juice  L: Weiner In Roll, Fruit Slushy, Ketchup, & Mustard <b>Offer</b> Baked Beans, Grape Tomato Rainbow Salad/Dressing	B: School Made Applesauce Muffin <b>31</b> <b>Offer</b> - Pineapple, Grape Juice  L: Fried Saimin, Egg Roll, House Salad/Dressing, Grape Tomato & Fruit Juice		<b>Daily Breakfast Choice</b>  Cereal & Toast or Yogurt & Toast	

This institution is an equal opportunity provider  
 Menus are subject to change without notice Meals include 1/2 pint of milk